

# COACHING AND YOUTH SPORT DEVELOPMENT MINOR

## Program Requirements

Code	Title	Credits
SPM-2210	Sports in Society	4
SPM-2300	Coaching Principles and Techniques	4
SPM-3320	Sport-Based Youth Development	4
EXS-2500	Prevention and Care of Athletic Injuries and Illness	4
SPM-3480	Sport Psychology	4
<b>Total Credits</b>		<b>20</b>

## Regulations Governing Minors

1. Minors at Aurora University are optional. They are not required for graduation.
2. A minor shall comprise a minimum of 18 semester hours.
3. At least 25% of the credits applied to a minor must be earned at AU.
4. Each minor must be developed and monitored by an approved program committee of the faculty; new or substantially revised minors require the approval of the Board of Trustees based on recommendations from the program committee, the appropriate school/college governance bodies, the Academic Dean, appropriate university governance bodies, the Chief Academic Officer, and the President.
5. Beyond the minimum coursework requirement, the content, structure, and extent of a minor are prerogatives of the individual program committees within the schools and colleges of the university, except as otherwise defined or restricted by the academic regulations.
6. No "D" will apply toward minors.
7. A maximum of four (4) semester hours of credit/no credit coursework will apply toward a minor.

## Learning Outcomes

1. Students will be able to articulate an individual coaching philosophy intended to build and motivate a team.
2. Students will be able to recognize common sports injuries and administer appropriate sport first aid.